



**Chairs:** Kim Presser, Karen Dommett

**Present**

- |                                      |  |
|--------------------------------------|--|
| Scott Godfrey (AAFSC)                | Kim Presser (Between Friends)          |
| Ermira Kusari (CAN)                  | Orest Nbadaneze (CP Kids and Families) |
| Karen Dommett (Calgary Adaptive Hub) | Elysa Sandron (Calgary Adaptive Hub)   |
| Chloe McBean (CDSA)                  | Cienna Lavery (Between Friends)        |
| Leonard O’Keefe (DDRC)               | Justine Paul (Chrysalis)               |
| Nancy Bertram (MS Society)           |  |

**Meeting Minutes**

1	Land Acknowledgement Welcome and Introductions
2	<p><b><u>Agency Updates</u></b></p> <p><b>DDRC:</b> Seeing more people in the office, especially in the morning so bringing in more facilitators. Considering reaching out to the community to see if someone is interested in hosting the Learning and Leadership program. Focusing on ensuring everyone’s safety as more people frequent the building now.</p> <p><b>Ups and Downs Calgary Association:</b> working on people power (volunteers) to develop the internal infrastructure and the growth and pace that helps better serve the community. Continuing to offer virtual events and there is a large event happening in the summer (looking into a mix of virtual and in-person). Many spring events happening virtually: drumming, connection opportunities. Working on Easter outdoor kits for the members. World Down Syndrome Day is on March 20<sup>th</sup>, 2021. Running a virtual campaign that is threefold: raising awareness, connecting people with the community for resources, partnership with Sock Rocket to raise funds for the agency. Support them through the social media platforms:  <a href="https://www.facebook.com/upsanddownscalgary/">https://www.facebook.com/upsanddownscalgary/</a>  <a href="https://www.instagram.com/p/CL5IHGJB2LE/?utm_source=ig_web_copy_link">https://www.instagram.com/p/CL5IHGJB2LE/?utm_source=ig_web_copy_link</a>  <a href="https://www.linkedin.com/feed/update/urn:li:activity:6772277353788899328">https://www.linkedin.com/feed/update/urn:li:activity:6772277353788899328</a></p> <p><b>Between Friends:</b> there has been interest for walking groups. For summer camps, waiting for Government approval. Currently hiring for camps and looking at protocols regarding Covid-19 for camps. Virtual programs are going strong and are in high demand. The plan is to take a break from virtual programs over the summer (if the situation does</p>

not change). Virtual one-to-one check-ins and will be working with staff and parents if there is interest in meeting outdoors in person.

**ILRCC:** Started the community garden and it is going well. Will be building accessible boxes for people to take home and use. Wrapping up the Life Skills program and starting the next one in April. Collaborated with Ability4Good to provide a program for children who are hard of hearing and their families. Receiving many phone calls regarding accessible housing.

**Calgary Adapted Hub:** Collaborating with Sport Injury and Prevention Clinic at U of C for the Knowledge Engagement seminar. More information below in the Events section. Three-four projects coming off the ground. Started with staff training with Inclusion Incorporated to be followed up by the Between Friends Inclusion Training to see if it helps with allyship within the disability sector which will lead eventually to better community practices. Doing research on a virtual camp program to see if virtual camps create quality participation.

Website is still in development and will prepare a play from-home-kit (screen free, ages 4-10) to go along with the launch of the website.

Facilities: Vivo for Healthier Generations is expanding with many accessible features. Those looking for fully accessible space, the space will be available for booking. WinSport received a grant to expand their outdoor space which will likely be available for booking as well; currently working out the logistics of it. Inclusive Sport and Recreation collective is running a survey to collect some data on thoughts and experiences from this past year as organizations have navigated the COVID-19 pandemic. Link to the feedback form: <https://docs.google.com/forms/d/e/1FAIpQLSc6aUcl3CuTK1H-P5ADeCHtOZVs7JJOIHdSbfEnpqTr0WQ6BA/viewform>

U of C virtual camp registration is open (info below in the Events section). Mount Royal and U of C summer camps are awaiting Government approval (tentatively in July). No updates yet on the Adapted Strength and Conditioning program from WinSport.

**Twitter, Facebook & Instagram: @yycadaptedhub**

**Chrysalis:** more people reaching out, interested in services. Continuing with a combination of a virtual schedule, mobile services in the community and in-person services. Limits are still in place in terms of the number of people in the building. Continuing to rent two churches for programs.

**AAFS:** Will be doing an in-person cooking class mid-April as approved by AHS (connected with them and explained the program). Waiting to hear from Hello Fresh is they will be supporting the program. In talks with Repsol regarding the rugby program. Also looking into cohorts for the boxing program. Moving forward with the current options for program and discussing in-person programming.

**MS Society:** no updates at this time.

### **City of Calgary – Recreation**

- 5 Calgary Recreation facilities are open for bookings and low impact exercises.
- 3 more may be potentially opening soon.
- Some outdoor programs and events have been running.
- Gearing up for golf, learn to skate and other programs as they get approved.
- Summer day camps will be outdoors and registration begins May 26.
- Current Jumpstart Outdoor Adventures & I Love Skating programs for children and youth with a disability are wrapping up this week. Feedback has been amazing from both the participants and parents.
- Hope to run in Spring outdoor Jumpstart Outdoor Adventures and multisport program.

### **Inclusion Training (CAH and Between Friends):**

- Purpose: goes back to the Vision of BF: *“An inclusive community where people with disabilities reach their individual potential and are recognized as valued citizens.”*

Inclusion Training Started with the Inclusive Community Activities with No Barriers (I.C.A.N!)

Provides opportunities for people with disabilities to participate in social and recreational activities in their community. Started as a collaboration with agencies that offer rec programs to make them more inclusive in general by training the Recreation Inclusion Facilitators. RIFs then brought it back to their organizations. As more request came in to provide the training for the whole team, a formal Inclusion Training was established that can extend become rec providers.

Inclusion Training Foundations (Online): This 3-hour training will provide a foundation of understanding regarding disability and inclusion. Acts as a prerequisite to live training sessions.

3 hour live training: This training will explore how we can make spaces more inclusive and provide support to individuals.

6-9 hour live training (Coming Soon): This training provides a more extensive understanding of disability and inclusion. This training is aimed to empower attendees to become agents of change within their workplace, community, and personal lives.

\*Live training content is customizable to your organizational needs.

Outcomes of Inclusion Training: Personal & Professional Development, Changes in Work Practices, Positive Impact on Organizational Change.

Calgary Adapted Hub is a collective of 7 organizations who are partaking in this inclusive training initiative through a grant from Calgary Foundation.

Partnered with Between Friends as the lived experience of the facilitators is a key component. It is a multiorganization approach with two streams: front line staff and organizational leaders. There are over 106 staff across the participating organizations that are participating in the training. Step one is to conduct the training, followed by the online component with JumpStart, the online component with Between Friends and finally the live component. Second is the research component to identify how it will impact

individuals undergoing training and measuring impact in inclusive programming and developing partnerships. Finally, share the Findings / Toolkit.

**Member Spotlight Series Sign-up:**

[https://docs.google.com/spreadsheets/d/1KAh5\\_7ou1uRE2ITDXGHXyf6R\\_YpGkJsmza8xCNIFY0/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1KAh5_7ou1uRE2ITDXGHXyf6R_YpGkJsmza8xCNIFY0/edit?usp=sharing)

**Alignment Subcommittee Update & Next Steps**

- Working on creating an internal resource list / database with up to date information on programs and services offered by agencies, specifically to sports and recreation. Ermira will set up a Shared Drive Folder and spreadsheet to input the information (look out for another remail coming soon). Two practicum students with AAFS will be supporting this initiative.

**Sports and recreation (grants, award nominations, new research, etc.)**

- Calgary on Purpose ( <https://www.calgaryonpurpose.com/>): A group of Calgarians working to uncover the shared values and ambitions of our community. In so doing, we seek to create a space for constructive conversations about the future of our city. Our mission is to increase transparency, build trust, and facilitate inclusion. We believe that every individual has the opportunity to shape Calgary's future.

Canada Post: Learn about the Community Foundation and apply for a grant

<https://www.canadapost.ca/cpc/en/our-company/giving-back-to-our-communities/canada-post-community-foundation.page>

Foothills + McMahon Concept Plan. The City, in partnership with the University of Calgary, is creating a Concept Plan for the future development of the Foothills Athletic Park and McMahon Stadium lands. To provide your input:

<https://engage.calgary.ca/foothills-mcmahon>

2019 Canada Winter Games Legacy Fund Society announce financial legacy and launch funding application process: <https://www.canadagames.ca/stories/2019-canada-winter-games-legacy-fund-society-announce-financial-legacy-and-launch-funding-application-process>

**Events**

**Children's Link Recreation and Leisure Resource Fair**

March 27, 2021, 1:0 – 3:30 pm.

Registrations: <https://www.eventbrite.ca/e/2021-recreation-and-leisure-resource-fair-tickets-141385996321>

Contact [Mikaela.Johnson@childrenslink.ca](mailto:Mikaela.Johnson@childrenslink.ca) to get your vendor table.



**YYC World Autism Awareness Day 2021**

Apr 2, 2021 at 11:00 AM to 2:00 PM

Registrations: <https://www.generoussolutions.com/e/yyc-world-autism-awareness-day-2021-574>

**Virtual Adapted Sport & Recreation Spring Break Camp**

March 29 - April 1

Registrations:

[https://www.ucalgary.ca/ActiveLiving/registration/Program/2315?path=All\\_Adaptive-Programs](https://www.ucalgary.ca/ActiveLiving/registration/Program/2315?path=All_Adaptive-Programs)

**Too Many Chairs: Spatiality and Disability in Integrated Sporting Spaces**

March 24, 2021; 12-1PM MST

Registrations: [isla.shill@ucalgary.ca](mailto:isla.shill@ucalgary.ca)

Wrap-Up/Adjournment

**Next meeting:**

**Date:** April 15, 2021

**Time:** 9:30 AM – 11:30 AM

**Location:** Zoom