

**Date/Time:**

December 17th, 2022 / 9:30am – 11:30am

Location: Zoom

Chairs: Kim Presser

In Attendance:

Aimee Johnston (Vivo)

Emily Lines (Alberta Schools Athletic Association)

Jamie McCulloh (Rocky Mountain Adaptive)

Janice Schneider (STAR)

Josephine Sauve (Developmental Disabilities Resource Centre)

Lindsay Gilmore (Association Rehabilitation of the Brain Injured)

Meri Topchieva (Alberta Ability Network)

Mezaun Lakha-Evin (Alberta Ability Network)

Scott Godfrey (Autism Aspergers Friendship Society of Calgary)

Tracy Oh (CP Kids and Families)

Meeting Minutes

Land Acknowledgement
Welcome and Introductions
Breakout Rooms

Spotlight Series:**Vivo**

- Currently doing a 16 million expansion project on the facility. This project began in April and hopes to go to the reopening approach starting in the new year.
- Within the fitness center there will be a universal change room up to date with current accessibility standards
- The spin studio will have 2 hand bikes so people using wheelchairs can use the studio as well.
- Anything that is adjustable, or moveable is yellow, so people with limited vision can identify what to adjust based on the contrast difference.
- Will be installing adaptive bikes.
- Sensory times will be between 1-3 where the lights will be dimmed with fewer people.
- Swimming pool will have a lift to assist people getting into different parts of the pool as it starts shallow and gets deeper the further in you go.
- Updated all washrooms to be standard with the current accessibility code, included wave sensors, and updated the adult changing lift in the universal bathroom. For parents using the washroom, they have included little seats for their babies to stay at.



- Pre-construction they have engaged with members of the community and recently they have had discussions with Garret where he will provide an accessibility review of the space.
- The goal is to continue to evolve and evolve with the community.
- Once the bathrooms have been renovated, they will reach out to individuals and offer them a tour and start looking for people to be involved with branding and videography.
- The opening will be a phased approach. Fitness will open first; the indoor park and swimming pool will be opened after.
- Pricing will be similar to what it was in the past for drop-ins, if anyone is coming in with a caregiver the caregiver will not pay, and they will continue offering affordable prices through the Fair Entry program.
- Once programming is finalized, they will ask the table how to show the accessibility components on their website.

Topics of Discussion

Agency Updates

Rocky Mountain Adaptive

- Record numbers in early season programming. Programs for the Bow Valley and surrounding area will be starting in January.
- The kid's programs for Nordic skiing are full. Some spots for adult skiing are still available.
- Some staff are wheelchair users and are looking to update work vehicles with hand controls. If there are any grants available for making a workspace more accessible, please email Jamie at jamie@rockymountainadaptive.com.

Recreational Respite

- Just got approved as qualified service providers in Alberta and waiting for opportunities to become service providers for specific sections like PDD.
- Launched a new workshop called "creating capacity" which is aimed at increasing capacity across organizations.
- In other provinces they are offering in-person group programs.
- Currently seeking a Calgary partner for in-person group programs. If anyone is interested, please email alyson@recrespite.com.

Association for the Rehabilitation of the Brain Injured

- Starting a new semester for community integration programming, arts, seated exercise programs, cooking, and woodshop groups are starting soon.
- A new group has been developed called community nights. It's a once-a-month social event for people to make connections within the community.

Autism Aspergers Friendship Society of Calgary

- For January, February, and March they will be offering some new programs such as baseball, climbing, and some others.



- In discussion with other groups as to how to make lacrosse more accessible as it is our summer sport.
- Grown since COVID-19 by 25%.

CP Kids and Families

- One of their new programs is the adaptive sled program. Clients can rent out an adaptive sled for the weekend or the entire week. There are 3 different sleds based on different sizes.
- The Junior Adaptive Cycling program and Movement and Music classes start in January. There are still some spaces left for both programs.

Alberta Athletic Association

- Schools are on Christmas break and finals season is right after.
- Track and field provincials are in June.
- Unified basketball season is next, and they look forward to playing with the schools around.

STAR

- The choir just performed; the concert was on Monday.
- They are looking for some younger children to be involved, if any parent is interested please contact Janice at janice@youthsingers.org

Developmental Disability Resource Centre Calgary

- Just had a holiday open house where clients got to celebrate Christmas together.
- In January they will be starting computer literacy courses again and the rest of the community programs.

Adaptive Inclusive Recreation Week

- Could host a webinar to share what inclusive recreation is about.
- Planning to have it on June 19 – 24th as there aren't many contradictions that week.
- Will start sending out proclamation letters after the holiday break in January.
- Need to have people who aren't involved in the community participate in adaptive inclusive recreation week as well.
- Could host a resource fair for one of the days of Recreation week.
- If anyone has ideas for what they would like to see during Adaptive Inclusive Recreation week, please email Meri at mtopchieva@cpalberta.com.
- TELUS could potentially sponsor us with their grant "future-friendly foundation".
- Have some virtual and in-person events so more people across Alberta can attend.
- Rocky Mountain Adaptive can host a workshop and come to Calgary to showcase adaptive outdoor sports.
- ParticipACTION is another potential sponsor as they have the ParticipACTION Community Challenge from June 1- 30th where agencies can apply for the grant.

**Action Items:**

- Create a subcommittee to plan for Adaptive Inclusive Recreation Week.
- Create a proclamation letter for Adaptive Inclusive Recreation Week.

Wrap-Up/Adjournment

Next meeting:

Date: January 19th, 2022

Time: 9:30am – 11:30am

Location: Zoom