

**Date/Time:**

March 16th, 2022 / 9:30am – 11:30am

Location: Zoom

Chairs: Kim Presser, Ashley Fox

In Attendance:

Alexandra Patchett (Easter Seals Alberta)
Ashley Fox (Calgary Adapted Hub)
Elizabeth Kaleta (Cerebral Palsy Alberta)
Kim Presser (Between Friends)
Leonard O' Keefe (Developmental Disabilities Resource Centre of Calgary)
Lindsay Gilmore (Association for the Rehab of the Brain Injured)
Matt Dissen (CP Kids)

Meri Topchieva (Alberta Ability Network)
Mezaun Lakha Evin (Alberta Ability Network)
Noelle LeBlanc (VIVO)
Scott Godfrey (Lacrossing Barriers)
Susan Eymann (Lethbridge Sport Council)

Meeting Minutes

Welcome
Land Acknowledgement
Breakout Rooms
Meeting considerations
Review of last month's meeting minutes

Spotlight Series:**ARBI**

- Founded in 1978 in a church basement by Audrey Morrice and Alice Laine.
- Relocated to the current building in 1989.
- Offer intensive interdisciplinary programs like Occupational Therapy, Physiotherapy, Speech-Language Pathology, Social Work, Recreational Therapy, Rehabilitation Assistant and more.
- Clients are reviewed for 4-5 months followed by either discharge planning or an extension.
- Volunteers are a big part of the on-site team. They are trained and supported to deliver components of clients' therapy programs.
- Community integration program is available for clients who are attending or have attended rehab.
- Year-round community integration program includes a woodwork group, community kitchen, walking group, seated exercise group, art, music therapy, peer connect, and sensory group. Seasonal programs include gardening groups and golf.
- If you have any questions please contact the **Program Director at geraldine@arbi.ca Community Integration Program Leader at courtney@arbi.ca or Intake Coordinator at agie@arbi.ca.**



Vivo facility accessibility review

- Lots of thought, consideration and consultation went into renovating the VIVO building.
- Bathrooms and showers have lots of space, and accessibility features such as automatic door buttons and calling for help have been installed.
- All equipment is updated and accessible for people with all abilities.
- Sensory times will be offered.

Information sharing regarding proclamations

- Waiting closer to the date until we receive more proclamations.

Presenting logo and communication plan

- Currently we are only looking for content such as photos and videos to share during the week.
- If you are interested in submitting any content, please do so on the following google drive:
<https://drive.google.com/drive/folders/1AyaSJQuuPkRT28FBHyFYNr9kiyX6pLzP?usp=sharing>
- We decided to have a different theme for each day, with an introduction as to why we made this week on Monday and a call to action to join the table on Friday. Day one -Introduction to the week and Day 5 -Learnings
- The save-the-date graphic will have 2 versions. 1 for sharing with stakeholders and one stakeholder can share with their groups.
- The letter/email that will be shared with recreation groups was finished by the table and it included why we have Adaptive Inclusive Recreation Week, what involvement looks like and an invitation for organizations to support this initiative coming June.
- Some of the reasons why we're creating this initiative are because: inclusive recreation benefits everyone, we can connect with champions in the community, discover opportunities that exist for inclusive recreation, the benefits of participating, and create awareness.
- Table members suggested the megaphone on the graphic gets changed to another megaphone, members also recommended changing some colors, fonts, and font positions.
- Content creation will be done ahead of time and AAN will post all the content through their social media channels. Supporters will share content through AAN's socials to sustain a streamlined line of communication.

Themes for each day

- Day 1 will be an introduction to why we created Adaptive Inclusive Recreation Week.
- Day 2 will have mental health and recreational statistics.
- Day 3 will emphasize how recreation connects people.
- Day 4 will show the diversity of activities that are available for adaptive recreation activities.
- Day 5 will be celebrating the week and giving a call to action to the community to join this table.

**Action Items:**

- A letter/email is being drafted by Kim and Ashley to stakeholders informing them of the week and sharing the save-the-date graphic.
- If you are interested in submitting any content, please do so on the following google drive:

<https://drive.google.com/drive/folders/1AyaSJQuuPkRT28FBHyFYNr9kiyX6pLzP?usp=sharing>

Wrap-Up/Adjournment

Next meeting:

Date: April 20th, 2022

Time: 9:30am – 11:30am

Location: Zoom